



Spring and Summer Newsletter 2019

As the warm and sunny days are now becoming more frequent and we are once more beginning to enjoy our lovely gardens, conversations have turned to looking forward to the spring and summer season. *Welcome* to our latest newsletter.....

Successful Spring Fairs

Thank you to everyone who supported us with our Spring Fayres. Special thanks to Debbie and Margaret who ran our bottle stalls for us, and to everyone; residents, staff, families and friends who baked, donated and attended on the day. You helped us make these days very happy and a great social occasion for us all. We raised over **£600** which will be used to provide entertainment, trips out and day to day activities with our residents. Thank You so much from us all.

Quality Assurance Review

Thank you to everyone who took the time recently to complete our Quality Assurance questionnaires. The results are being correlated and will be published and of course acted on in due course. We always appreciate your feedback, and offer a reminder that we also have 'leave a comment' cards in reception for anyone to complete if they wish.



CQC inspections

We had our inspections earlier this year and a wanted to say a big 'thank you' to everyone who met and talked to the inspection team. We are pleased to report that both Homes were rated as 'Good'.

Supporting New Students

Both Homes continue to support and mentor students from Derby University and Royal Derby Hospital (Student nurses, Trainee Nurse Associates and student Radiographers). We continue to get great feedback from the students on their experience with us.

Hairdresser Update



We would like to welcome our new hairdresser Julia. Please keep an eye on the notice board for Days and Times when Julia will be providing her hairdressing service. We would also like to offer our sincere thanks and best wishes to Davina, our former hairdresser, for her thirty years of hard work and dedication. She always went the extra mile to ensure our residents looked their best for every occasion. We all miss Davina, she is never far from our thoughts and we send her and her family our love and best wishes.

Relatives Meet and catch-up

Thank you to everyone who came to the relatives "catch-up" during the Easter period. Lots of chat, cups of tea and hot cross buns enjoyed. Please keep a look out for the date of our next Relatives support group.

Facebook page Launch

Our Facebook page is now up and running and is regularly updated with news, events and photographs. Please do follow us for news, events and to keep up to date. You can find it at: www.facebook.com/abbeydaleandstanley/ or by searching for Abbeydale and Stanley House from within Facebook



Choir Workshops



Our choir workshops are well under way at both homes and being enjoyed by all. These run fortnightly usually on Tuesday mornings at Stanley House and Friday afternoons at Abbeydale. The invitation to join us is *'come when you can'* and open to everyone regardless of venue. Please keep an eye on the notice boards for dates and times of sessions or ask the activity team, as occasionally sometimes need to be adjusted. Thank you to our residents, relatives, friends and staff who have supported us with this venture, your time and effort is very much appreciated. A sample of one of Abbeydale's workshops can now be heard on our Facebook page.

Volunteers

Our activities team are always on the lookout for regular volunteers to assist with the daily activities program. This could be as little as an hour a week to provide an extra pair of hands with a craft activity to simply spending time reading a book or a newspaper with someone. If you are interested please speak to one of our activities team to discuss further.

Help with trips to Broadway & Markeaton Park

Weather permitting we are planning some family trips to The Broadway and Markeaton Park during the summer months. We try to make these a happy family occasion open to all but have limited space on the bus, if you can help by taking your family member in your own car that would be very welcome. Please speak to the activities staff for more information, as always, everyone welcome!

Dementia Week (20th -26th May)

Throughout Dementia Action Week we will be running 'Dementia friends' sessions open to anyone who wishes to learn more about dementia and how we can support people living with this condition. These sessions are friendly and informal and provide the opportunity to ask questions and also meet other people and share their own experiences. Times and dates of sessions will be posted on our noticeboards and Facebook page a little nearer the time.



Our new Pets As Therapy Dog (PAT DOG)

We have recently recruited a new PAT Dog Molly. (Find Molly on our facebook page). An eight year old Schnauzer Molly, along with her owner Jen will be visiting us regularly on Monday afternoons alternating between Abbeydale and Stanley House. The activities team will keep you posted regarding visits.

FLAGs - Friendship & Learning Across the Generations

Our FLAGs sessions when we welcome our younger neighbours from Kingfisher Nursery are proving to be very popular, the nursery nurses tell us that the children look forward to coming to see us and enjoy their visits as much as we do.

Entertainment and Dates for your Diary

We have a variety of entertainers booked in the coming months as well as trips out planned. Please keep an eye on our notice boards and our Facebook page for the most up to date information. Family and friends are always very welcome to join us.

We look forward to spending the season ahead with you all

